



# YOUR GUIDE TO PERSONAL AND FAMILY PREPAREDNESS



## What's inside

- 3** Welcome letter
- 4** The Great Utah Shake Out
- 5** Emergency Preparedness: **Make A Plan**
- 9** Emergency Preparedness: **Get A Kit**
- 11** Emergency Preparedness: **Be Informed**
- 14** Emergency Preparedness: **Get Involved**



The Great  
Utah  
**Shake  
Out**<sup>TM</sup>

Utah's **LARGEST**  
**Earthquake drill EVER!**

10:15 a.m. • April 17, 2012

Register your family to get  
preparedness and drill updates

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ABOUT THIS GUIDE AND  
**BE READY UTAH**



**Japan. Earthquake. Tsunami. Joplin. Tuscaloosa. Tornado. Floods. Fires. Drought.**

During 2011, the headlines have been dominated by natural disasters and their aftermath. Sometimes it seems like Mother Nature couldn't care less about the humans tottering about the planet. No matter where people live, some type of calamity can strike.

In Utah, we know earthquakes are possible, though we haven't had a major temblor in 350 years. While we wait for the Big One, we have floods, fires and winter storms to keep us company. Be Ready Utah was conceived to help Utahns prepare for whatever disaster may face them.

Be Ready's four main tenets are featured in this guidebook and will help you focus on how to get yourself, your family, your business or your community ready for disasters that can strike.

- 1 Make a plan.**
- 2 Get a kit.**
- 3 Be informed.**
- 4 Get involved.**



Scan this code with your  
smartphone to visit  
**BeReadyUtah.gov**



They are simple ideas. But once embraced, they change the way we live. We live without fear because we are prepared. We live ready to act when nature throws its worst our way. We live knowing we can help others.

Thumb through this guide, and you'll see a lot that can be done. It's easy to get overwhelmed. Don't worry. Pick something, just one thing, and do that. Start taking baby steps to preparedness until it just becomes normal. Look, you can tear a page out of this guide if that will make things easier for you. The whole thing has also been published online at mediaoneutah.com.

This is the Beehive State. We're a small state, but we're industrious. We'll work together in a disaster. But let's work together now to prepare.

**BE READY, UTAH.**

**Be Ready Utah**  
801-538-3400  
www.bereadyutah.gov  
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**Utah Department of Public Safety  
Division of Emergency Management**  
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emergencymanagement.utah.gov  
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**Citizen Corps**  
801-538-8606  
www.citizencorps.utah.gov

**Community Emergency Response Team**  
www.citizencorps.utah.gov/index.php/cert-home

**Utah Department of Health**  
801-538-6111  
health.utah.gov



# Utah's LARGEST Earthquake drill EVER!

**April 17, 2012, 10:15 a.m.**  
Register your family to get preparedness  
and drill updates (infrequent)

**Who's participating?**  
[www.shakeout.org/utah/all\\_participants.php](http://www.shakeout.org/utah/all_participants.php)  
**246,000 Utahns, including:**

- Jordan School District
- Provo City School District
- Zions Bank
- Brigham Young University
- Southern Utah University
- University of Utah
- 10 hospitals between Brigham City and St. George
- American Red Cross Utah Region

Visit  
**[shakeout.org/utah](http://shakeout.org/utah)**  
or  
**[Twitter.com/  
UtahShakeOut](https://twitter.com/UtahShakeOut)**

# The Great Utah Shake Out™

From Idaho to Central Utah, the Wasatch Fault has lain nearly dormant for years. Over the past few centuries, it has caused little more than a geologic hiccup or two. But we know the Wasatch Fault is overdue for a major earthquake, something in realm of magnitude 7.

The devastation from such an earthquake in Salt Lake County would mean thousands of deaths, tens of thousands of injuries and catastrophic interruption of our lives.

So we study and plan and train. Now, it's time to practice.

On April 17, 2012, the state of Utah will hold a statewide earthquake drill called the Great Utah ShakeOut. Government, volunteer and public safety agencies, schools and businesses will practice their emergency plans. By practicing in a realistic scenario, emergency responders and managers will learn where improvements can be made.

We invite Utahns to create and practice their own plans. Urge your employer to do the same.

The more we're prepared, the better we'll recover when the big one hits.



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# Make a **PLAN**



**By their very nature, emergencies strike when you're not expecting them.** That disruption can become a psychological nightmare if you're not prepared to react and recover.

Start now with a little research, and add the knowledge about your family, friends and community to create a plan for dealing with emergency situations at home. Later in this guide, we'll explain about the kinds of disasters that can strike Utah. Using that information, you can put together the plan and emergency supplies that will help get you through the first critical days of a disaster.

Every home should have an emergency plan that includes information about communications, evacuation, emergency supplies and an out-of-state contact. Conduct a home hazard hunt and look for items that could cause injuries or be damaged in an earthquake. Protect essential documents and family photos.

More information can be found online at [BeReadyUtah.gov](http://BeReadyUtah.gov).

## Communications

- Discuss preparedness with your family.
- Identify an out-of-state contact in case you are separated. Long-distance calls may work when local calls do not.
- Teach children how and when to call 911.
- Post emergency contact numbers near phones in your home.
- Teach children how to use a cell phone.

## Evacuation

- Determine two escape routes from each room in your home.
- Pick three places to meet – One right outside your home in case of a sudden emergency, pick a location in your neighborhood if your property isn't safe and a regional meeting place if you can't return home.

## Make a plan

### Water

- Water will keep you alive. If you have enough water, you can live on half of your normal food intake. Make sure to store at least one gallon of water per person per day. Store enough water to last two weeks.
- People in hot environments, children, people who are ill and nursing mothers should store more.
- Rotate your water supply every six months.
- Other sources of water in your home: water heater, ice cubes, pipes and toilet tank (not the bowl).

### Food

Unlike water, food can be rationed. Store at least a three- to five-day supply of non-perishable food in a dry place where the temperature is not above 70 degrees.

Select foods that require little or no preparation, water or refrigeration. Select foods that are high in calories, nutritious, compact and lightweight. Choose foods your family will eat.

Suggestions: Canned juices, canned milk, ready-to-eat foods, high-energy foods, vitamins.



### Helping children cope

If parents are calm, children will calm down more quickly. Here's how to minimize children's fears:

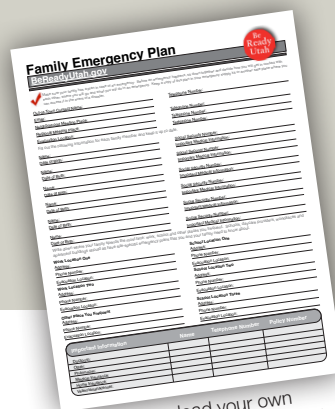
- Prepare them beforehand.
- Keep the family together.
- Include children's toys and special foods in a survival kit.
- Calmly and firmly explain the situation and your plans.
- Talk to your children at eye level.
- Encourage them to ask questions.
- Give them chores that will help them feel like they are helping.
- Hold your children and spend more time with them.
- Sympathize with them/resolve anxieties.

### Practice your plan

The worst kind of plan is the one that sits on a shelf and is never practiced.

Take time to teach your family how to:

- Open window screens.
- Drop, cover and hold on to heavy furniture.
- Escape from your home.
- After practicing, improve your plan.



Download your own  
"Family Emergency Plan" at  
[www.bereadyutah.gov](http://www.bereadyutah.gov).

# Make a **PLAN**



### Emergency sanitation

If sewer lines break in an earthquake, where do you go to the bathroom? That can be a scary thought. See what we're talking about when we say "disruption?"

Here are supplies you can have on hand if the toilet isn't working:

- ☐ Medium-sized plastic bucket with a tight lid.
- ☐ Household chlorine bleach.
- ☐ Toilet paper.
- ☐ Plastic garbage bags and ties (heavy duty).
- ☐ Soap, liquid detergent.
- ☐ Towelettes.
- ☐ Shovel.

If sewer lines are broken and your toilet bowl is usable, place a garbage bag inside the bowl.

Or build a makeshift toilet:

- Line a medium-sized bucket with a garbage bag.
- Make a toilet seat out of two boards placed parallel to each other across the bucket or use an old toilet seat.
- After each use, pour a disinfectant, such as bleach, into the container.
- Cover the container tightly when not in use.

Waste disposal:

- Bury garbage and human waste to avoid the spread of disease by rats and insects.
- Dig a pit 2-to-3 feet deep and at least 50 feet downhill or away from any well, spring or water supply.

## Special needs

### Pets

Pets are an important member of your family. Plan for them, as well. Remember that emergency shelters typically do not allow animals. Only service animals are allowed in shelters. The Utah Emergency Animal Response Coalition may be able to respond to a shelter with an animal trailer. [www.uearc.org](http://www.uearc.org).

But you should know safe places to keep your pets if you have to evacuate with them. Where are hotels and motels outside of your area that accept pets? What friends or family members could keep them for you? Which boarding facilities, veterinarians or shelters could be used?

### Special needs

People with disabilities or access and functional needs, or their families, need to take extra precautions when preparing for a disaster. Plan for a buddy who can help with evacuations in case a usual caregiver is unable to help. Join the Special Needs Registry and update your information if you move. [www.specialneedsutah.org](http://www.specialneedsutah.org)

Extra supplies may include:

- ☐ Prescription medications.
- ☐ A record of their doses and frequency taken.
- ☐ Prosthetic devices.
- ☐ List of medical devices, styles and serial numbers.
- ☐ Extra eye glasses and prescription.
- ☐ Extra oxygen.
- ☐ Extra pillows/bedding.
- ☐ Medical insurance and Medicare cards.
- ☐ Backup power supply or generators for heat or air conditioning.
- ☐ Extra wheelchair batteries.
- ☐ Hearing aids, batteries.

## Utilities

Your water heater can be a critical source of water in an emergency, but only if it's still standing. Go to your home improvement store of choice and buy the metal straps to secure the water heater to nearby studs.

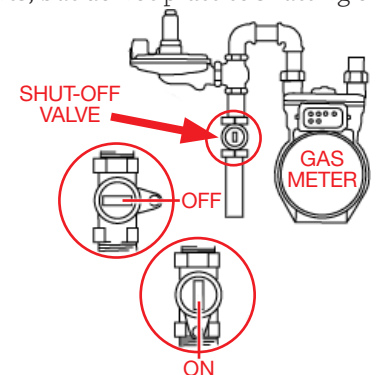
A falling water heater can break gas lines and water lines or spill your precious water.

### Gas meter

If you have natural gas coming into your home, it's easy to turn off, but not so much for turning it back on. Only qualified people should turn gas back on.

When you should shut off your gas meter:


- You smell natural gas.
- You hear gas leaking.
- There is a fire (unless shutting off the gas would jeopardize your safety).
- If you need to shut off the gas, use a wrench to turn the valve a quarter turn in either direction.
- Take some time to become familiar with which utilities enter your home and where they can be shut off. As you practice emergency plans, locate and map the gas, water and electricity mains. During family drills, go through the movements, but do not practice shutting off gas lines.



# Family Emergency Plan

BeReadyUtah.gov

Be Ready Utah

 Make sure your family has a plan in case of an emergency. Before an emergency happens, sit down together and decide how you will get in contact with each other, where you will go and what you will do in an emergency. Keep a copy of this plan in your emergency supply kit or another safe place where you can access it in the event of a disaster.

Out-of-Town Contact Name:

Email:

Neighborhood Meeting Place:

Regional Meeting Place:

Evacuation Location:

Telephone Number:

Telephone Number:

Telephone Number:

Telephone Number:

Fill out the following information for each family member and keep it up to date.

Name:

Date of Birth:

Name:

Date of Birth:

Name:

Date of Birth:

Name:

Date of Birth:

Name:

Date of Birth:

Name:

Date of Birth:

Social Security Number:

Important Medical Information:

Social Security Number:

Important Medical Information:

Social Security Number:

Important Medical Information:

Social Security Number:

Important Medical Information:

Social Security Number:

Important Medical Information:

Social Security Number:

Important Medical Information:

Write down where your family spends the most time: work, school and other places you frequent. Schools, daycare providers, workplaces and apartment buildings should all have site-specific emergency plans that you and your family need to know about.

Work Location One

Address:

Phone Number:

Evacuation Location:

Work Location Two

Address:

Phone Number:

Evacuation Location:

Other Place You Frequent

Address:

Phone Number:

Evacuation Location:

School Location One

Address:

Phone Number:

Evacuation Location:

School Location Two

Address:

Phone Number:

Evacuation Location:

School Location Three

Address:

Phone Number:

Evacuation Location:

Important Information	Name	Telephone Number	Policy Number
Doctor(s):			
Other:			
Pharmacist:			
Medical Insurance:			
Home Insurance:			
Veterinarian/Kennel:			

# KLEENED UP NOT CLEANED OUT

It’s inevitable; Disasters Happen. Damage caused by water, fire, natural disasters and even mold are unexpected and can be devastating...but the road to recovery doesn’t have to be. With more than 35 years in the emergency response and restoration business, we understand your needs. You need someone that will respond immediately, assess your situation and begin the process to return the affected property to pre-loss condition in the quickest and most cost effective way possible. You need an expert. You need someone you can trust. You need Utah Disaster Kleenup.

Contact Utah Disaster Kleenup today and ask how we can help you get Kleened Up without getting Cleaned Out.




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*In a disaster, what matters most?*

If you have to escape your home, you'll leave your car, toys, games, food, clothing and money behind to save your life and that of your family. Unfortunately, some of those items could come in handy when you go into survival mode. Build the right kind of kit for your situation and have it in an easy-to-grab location when you have to go in a hurry.

*72-hour kit vs. food storage: What's the difference?*

Families should have a 72-hour-grab-and-go kit for each member. This is the kit you take with you as you run out the door. Food storage is part of your preparation for sheltering at home for an extended period of disaster or financial upset.

Here's your checklist for the 72-hour kit, which can fit in a backpack. You'll find you already own many of the items on the list. Have a kit at home, in your car and at work:

- 72-HOUR KIT:**
  - ☐ Food and water to last for three days
  - ☐ Extra eyeglasses
  - ☐ Flashlight with batteries
  - ☐ Small first-aid kit
  - ☐ Extra batteries
  - ☐ Waterproof matches
  - ☐ Knife
  - ☐ Dust mask
  - ☐ Cash (small bills)
  - ☐ Comfort food
  - ☐ Small, portable radio with batteries
  - ☐ Emergency blanket
  - ☐ Poncho
  - ☐ Mouthwash
  - ☐ Hand sanitizer
  - ☐ Scissors
  - ☐ Tweezers
  - ☐ Latex gloves
  - ☐ Sturdy work gloves
  - ☐ Duct tape
  - ☐ Garbage bag
  - ☐ Non prescription drugs
  - ☐ Feminine products
  - ☐ Prescription medications
  - ☐ Sunscreen
  - ☐ Petroleum jelly or other lubricant
  - ☐ Small candles
  - ☐ Glow stick
  - ☐ Family emergency plan
  - ☐ Emergency contact information
  - ☐ Hat
  - ☐ Notepad
  - ☐ Pen or pencil
  - ☐ Whistle
  - ☐ Entertainment items
- FOR LONG-TERM SHELTERING AT HOME:**
  - ☐ Food storage
  - ☐ Sanitation bucket/supplies
  - ☐ Tent or tarp and rope
  - ☐ Cooking fuel
  - ☐ Tools
  - ☐ Flashlights and batteries
- ADDITIONS FOR THE CAR KIT:**
  - ☐ Fire extinguisher
  - ☐ Flashlight
  - ☐ Good shoes
  - ☐ Can opener
  - ☐ Cell phone and charger
  - ☐ Jumper cables
  - ☐ Extra motor oil
  - ☐ Maps
  - ☐ Wet wipes
  - ☐ Basic tools, including flares
  - ☐ Day pack to carry items if you must leave your vehicle
  - ☐ Toiletries
  - ☐ Keep your fuel tank above half
  - ☐ Blankets or sleeping bag
- DON'T FORGET FIDO OR FIFI (KIT ITEMS FOR PETS):**
  - ☐ Pet food
  - ☐ Can opener
  - ☐ Potable water and bowls
  - ☐ Pet carrier
  - ☐ Leash
  - ☐ Cat litter box, scoop and plastic bags
  - ☐ Medications/medical records
  - ☐ Pet first-aid kit

- FAMILY FIRST-AID KIT:**
  - ☐ Sterile adhesive bandages (assorted sizes)
  - ☐ Sterile gauze pads
  - ☐ Hypoallergenic adhesive tape
  - ☐ 40-inch triangular bandages
  - ☐ Scissors and tweezers
  - ☐ Epi pen (if allergic to bee stings)
  - ☐ Sewing needles
  - ☐ Wet wipes
  - ☐ Antiseptic soap
  - ☐ Antiseptic solution (iodine)
  - ☐ Neosporin
  - ☐ Thermometer
  - ☐ Tongue depressors
  - ☐ Tube of petroleum jelly
  - ☐ Safety pins
  - ☐ Cleaning agent/soap
  - ☐ Latex gloves
  - ☐ Sunscreen
  - ☐ Insect repellent
  - ☐ Caladryl or equivalent
  - ☐ First-aid manual
  - ☐ Pain relievers
  - ☐ Anti-diarrhea medicine
  - ☐ Antacid
  - ☐ Laxative
  - ☐ Rubbing alcohol
  - ☐ Cotton balls
  - ☐ Heavy string

More detailed lists available at [www.redcross.org/services](http://www.redcross.org/services)

*Severe winter weather*

- Heavy snowfall and extreme cold can immobilize an entire region.
- Prepare your home and family for winter storms.
- Prepare for possible isolation in your home by having sufficient heating fuel; regular fuel sources may be cut off.
- Allow faucets to drip a little to avoid freezing.
- Know how to shut off water valves (in case pipe bursts).
- Wear layers of loose-fitting, lightweight, warm clothing.
- If outside try to stay dry, build a fire and prepare a lean-to, windbreak, or snow cave for protection from the elements.

**Tips for winter driving**

- Prepare a winter survival kit including blankets, flares, food, water, first aid kit, candle and matches, shovel, windshield scraper, flashlight, knife, map etc.
- Always keep your car fuel tank above half full.
- If caught in a vehicle, DON'T PANIC. Turn on hazard lights and hang a distress flag from the radio antenna or window.
- Remain in your vehicle where rescuers are most likely to find you.
- Run the motor about ten minutes each hour for heat.
- Exercise to maintain body heat.

*Flood safety and awareness*

"Turn Around. Don't Drown."

**Before a flood**

- Plan what to do and where to go in case of a flood.
- Know what flood risks exist related to your location by visiting [www.floodsmart.gov](http://www.floodsmart.gov) or contacting your local authorities.
- Consider flood insurance - homeowners policies don't cover floods.
- Have a portable weather radio and extra batteries.

**Evacuation**

- Prepare to leave your home.
- Always let someone know your itinerary.
- Move valuables to highest inside part of your residence.
- If you can do so safely, turn off electricity, gas and water at main switches and valves.
- Look for flood information from local radio and TV stations.
- The National Weather Service will issue either a:  
**FLOOD WATCH** – flooding is possible.  
**FLOOD WARNING** – flooding is occurring/imminent.
- Don't attempt to cross flood waters by vehicle or on foot.

**After the flood**

- Do not return home until local authorities say that it is safe.
- Check your home for structural damage before entering.

- Don't use food that has been contaminated by flood water.
- Test drinking water for suitability with test kits.

*Living in earthquake country*

Earthquakes strike suddenly, violently, and without warning. Utah has roughly 700 earthquakes each year, of which an average of six are magnitude 3.0 or greater. Identify potential hazards ahead of time. Planning can save lives and significantly reduce injuries and property damage.

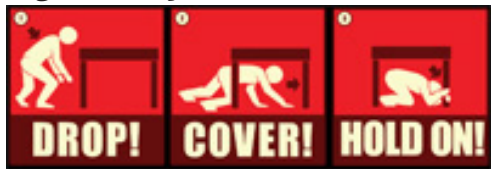
**Remain calm and stay inside during an earthquake.**

Most injuries during earthquakes occur when people are hit by falling debris when entering or exiting buildings.

**Prepare your home and family**

- Conduct a home hazard hunt and hold an earthquake drill at least once a year.
- Store adequate food and water to last up to weeks.
- Secure your water heater and other gas appliances to the wall or floor.
- Secure shelves, furniture and possessions that could fall over.
- Do not place mirrors or glass frames above beds.
- Keep a good pair of shoes and a flashlight near your bed.
- Consider earthquake insurance.

**During an earthquake**



- Drop, Cover and Hold On!
- If indoors, stay there. Get under a desk or table or stand in an interior corner.
- If outdoors, get into an open area away from buildings, trees, walls and power lines.
- If driving, pull over to the side of the road and stop. Avoid overpasses and power lines. Stay inside your car until the shaking is over.
- If in a crowded public place; do not rush for the doors. Crouch and cover your head and neck with your hands and arms.

**If trapped under debris**

- Do not light a match.
- Do not move about or kick up dust.
- Cover your mouth with clothing or a handkerchief.
- Tap on a pipe or wall so rescuers can locate you.



## After the earthquake

- Expect aftershocks.
- Use the phone only for emergency calls.
- If internet and TV is down, listen to radio for instructions and news reports.
- Turn off interrupted utilities as necessary. Don't turn off your gas unless it's leaking! Once shut off at the source a professional must turn it back on which could take days.
- Check your building for cracks and damage, including the roof, chimneys and foundation.
- Stay calm and lend a hand to others.

## Shelter-In-Place:

Sheltering-in-place means staying inside a building and making the building as safe as possible until help arrives. Local authorities may issue a shelter-in-place order during a release of a hazardous material where air quality may be threatened.

If you receive official instructions to shelter-in-place, take the following precautions:

- Take your children and pets inside immediately.
- Close all windows and doors in your home as well as the fireplace damper.
- Turn off all ventilation systems.
- Go to an above-ground room (not the basement) with the fewest windows and doors. Be sure to take your 72-hour kit with you.
- Wet some towels and jam them in the crack under your door.
- Tape plastic sheeting or garbage bags over the door, window, exhaust fan, vents and outlets.
- Stay in the room until you are told all is safe.

## Pandemic Influenza (Flu)

A pandemic is a global disease outbreak. If severe it can cause closures of schools, churches and even businesses. To help stop the spread of pandemic virus you can:

- Stay home if you don't feel well.
- Keep children home when sick.
- Cover your nose and mouth when you cough or sneeze.
- Clean your hands often and use hand sanitizer regularly.
- For more info visit [pandemicflu.utah.gov](http://pandemicflu.utah.gov).

## Fire Safety

### Wildfire

The threat of wild fires is very real for people living in rural Utah. Utah averages about 1,900 wildfires each year. There are several safety precautions that you can take to reduce the risk of fire losses.

- Be informed.
- Listen to local radio/TV. Follow emergency instructions.
- Have an evacuation plan.
- Be ready to flee immediately.
- Locate safe areas in advance.
- Plan how to get in touch with family if separated.

### Prevent fires

- Don't let trash accumulate.
- Store flammable liquids outside in special containers.
- Move stacks of firewood away from the structure.
- Have a no-smoking rule for your home.

### Home fires

- Install and test smoke alarms properly.
- Install at least one on every level of your home, as well as inside and outside each sleeping area.
- Test alarms monthly. Replace batteries once a year. Replace alarms every 10 years.
- Have fire extinguishers near the kitchen and garage.
- Have escape ladders for windows higher than eight feet above ground.
- Make a fire escape plan for your home.
- Have two escape paths from each room.
- Pick an outdoor meeting place.
- Hold fire drills regularly to practice your plan.

For information about other types of natural and manmade hazards in Utah visit:

[www.BeReadyUtah.gov](http://www.BeReadyUtah.gov)

## Emergency Alert System (EAS)

Local officials can activate the Emergency Alert System (EAS) to warn the public of imminent danger and to provide life safety information through television and radio. When disaster strikes, tune your radio for official information delivered by EAS.

## What Is Your Role In A Disaster?

### Citizen Corps Mission



The mission of Citizen Corps is to harness the power of every individual through education, training, and volunteer service to make communities safer, stronger, and better prepared to respond to the threats of terrorism, crime, public health issues, and disasters of all kinds.

Citizen Corps asks you to embrace the personal responsibility to be prepared; to get training in first aid and emergency skills; and to volunteer to support local emergency responders, disaster relief, and community safety.

**In Utah there are currently:  
70 Councils which serve  
1,607,882 people or  
72% of Utah's population.**

During his 2002 State of the Union address, President George W. Bush called upon every American to commit at least two years of their lives - the equivalent of 4,000 hours - to the service of others.

The events of the past few years have motivated Americans to help others and to make their communities to safer, stronger, better prepared, and to answer the President's call to serve.

## The Five Pillar Programs of Citizen Corps:

### Community Emergency Response Teams



CERT is a training program consisting of 24 hours of instruction that prepares you to help yourself, your family, and your neighbors in the event of a disaster.

During an incident, emergency service personnel may not be able to reach everyone right away. By being trained in CERT, you will have the skills to help emergency responders to save lives and protect property.



photo courtesy of Nate Grigg

**We all have a role in hometown security.**

## BE PREPARED NO MATTER WHAT HAPPENS

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**EARTHQUAKE**

**TORNADO**

### CERT members:

- Respond to disasters.
- Participate in drills, exercises and preparedness.
- Are known and trusted resources to emergency responders.
- Teach fire and resource safety.

### Who should take CERT training?

- People interested in taking an active role in hometown preparedness.
- Neighborhood Watch Groups
- Community and school leaders
- Communities of Faith
- Scouting and youth organizations.
- Members of clubs and civic organizations.

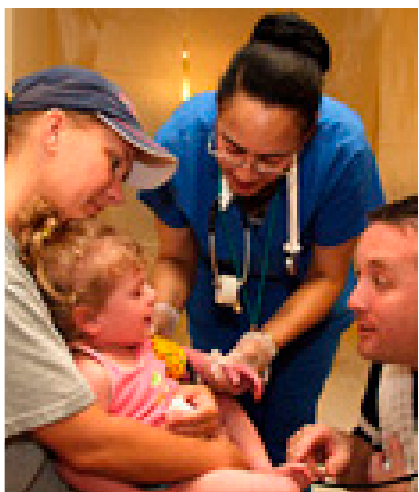
For more information:

visit [www.citizencorps.utah.gov/index.php/cert-home](http://www.citizencorps.utah.gov/index.php/cert-home)  
or contact Jeff Johnson at [jeffjohnson@utah.gov](mailto:jeffjohnson@utah.gov)

### Utah's Medical Reserve Corps Program



### Volunteers Building Strong, Healthy and Prepared Communities



Wouldn't it be great to have a group of volunteer medical professionals and others who are already identified, credentialed, trained and prepared to help when they are needed in your local community?

In an earthquake, as much as 85 percent of the people who flock to hospitals don't need urgent care.

Medical Reserve Corps

volunteers can help reduce that surge. They can also help with public health education campaigns, flu shot clinics and disease investigations.

Each local health department in Utah hosts a Medical Reserve Corps program. Please access the MRC website at [sites.google.com/site/utahmrc/](http://sites.google.com/site/utahmrc/) to find the unit in your area, or contact your local health department.

### USAonWatch



Our nation is built on the strength of its citizens. Every day, we encounter situations calling upon us to be the eyes and ears of law enforcement. Citizens can help in the fight against crime, and communities can bond through service.

Since 1972, the USAonWatch-Neighborhood Watch Program has worked

nationwide to unite law enforcement agencies, private organizations and individuals to reduce crime and improve local communities. Neighborhood Watch is the nation's premier crime prevention and community mobilization program. Visible signs of the program are seen throughout American neighborhoods on street signs, window decals, community block parties and service projects.

USAonWatch® empowers citizens to become active in community efforts through participation in Neighborhood Watch groups. For more information, resources and documents visit: [www.usaonwatch.org](http://www.usaonwatch.org) or [www.utcrimeprevention.org/index.asp](http://www.utcrimeprevention.org/index.asp).

### Utah Fire Corps



### Supporting Fire and EMS Services through Community Involvement

Fire Corps helps local fire and EMS departments build more capacity by connecting them to community volunteers who can assist in a variety of non-emergency roles.

#### Fire Corps volunteers benefit fire/EMS departments and the community by:

- Increasing the capacity of local fire/EMS department.
- Assisting with vital non-emergency operations of the department.
- Providing the department with an important link to the community.
- Creating websites, maintaining vehicles, conducting life safety education programs.
- Helping with firefighter rehab at fire scenes
- The possibilities are endless.

If you are interested in volunteering for Utah Fire Corps, please contact the State of Utah Fire Marshal's Office at 801-284-6350,

or find a program near you by visiting the National Fire Corps website ([www.firecorps.org/find-a-program](http://www.firecorps.org/find-a-program)). Questions about starting a local Fire Corps program? Contact Jeff Johnson at the Utah Division of Emergency Management at 801-538-3644 or [jeffjohnson@utah.gov](mailto:jeffjohnson@utah.gov).

### Volunteers in Police Service



Having a strong and active volunteer force is essential for any law enforcement agency struggling to meet the ever-increasing needs of the community it serves. VIPS is a great resource for those agencies looking to start a volunteer program, as well as for those agencies seeking to enhance their existing program

### Why Volunteer at a Law Enforcement Agency? Simple - We Need You!

Since Sept. 11, 2001, the demands on state and local law enforcement have increased dramatically, stretching the resources of these agencies further than ever.

#### The VIPS Program supports:

- Agencies that are developing or enhancing a volunteer program.
- Residents who wish to volunteer their time and skills with a law enforcement agency.

Volunteers in the community have offered their time, skills and services to law enforcement agencies. Volunteer roles may include performing clerical tasks, serving as an extra set of "eyes and ears," assisting with search and rescue activities, and writing citations for accessible parking violations.

If you are interested in joining or starting a VIPS program, contact Jeff Johnson at the State of Utah Division of Emergency Management at 801-538-3644 or Lt. Michael C. Nelsen at the Brigham City Police Department at 435-734-6630.

I'm Prepared. I'm Involved.  
**ARE YOU?**

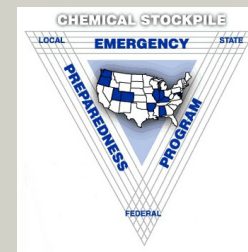
### CSEPP: Protecting Utah since 1989

Utah has long been a partner in the destruction of the nation's chemical weapons stockpile. In February 2012, the Deseret Chemical Depot will complete its demilitarization mission. With the end of operations, Utah will say good bye to a program that has brought more than \$121.9 million to help Utah be more prepared.

We'll say good bye to CSEPP.

### Utah thanks CSEPP for millions of dollars in:

- Training
- Equipment
- Facilities
- Public education
- Response



# THANK YOU



Visit [www.utahredcross.org](http://www.utahredcross.org)

#### Preparing for a disaster before it strikes is vital.

Visit us online to learn how you can:



Contact your local Red Cross chapter at 800-328-9272 or visit [www.utahredcross.org](http://www.utahredcross.org) for more information about disaster preparedness, emergency preparedness kits and creating a family communication plan.





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